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1) What insurance company(ies) are reflected in this response?

Anthem Blue Cross and Blue Shield in Missouri Healthy Alliance Life Insurance Company

2) For Applied Behavior Analysis services/treatment, does the company have specific procedure codes that it would like to be used for billing purposes? Please indicate if any of these codes are limited in time and thus require units of treatment to be specified.

Anthem has identified four H codes that we encourage providers to bill in order to get claims paid efficiently and maximize the member's benefits. These codes and descriptions are listed below:

- **H0031** Functional assessment and treatment plan development for ABA services. To be billed in 15-minute increments by a BCBA or BCaBA.
- **H0032** Supervision of a paraprofessional, parent/family training with child present and/or review/revision of a treatment plan. To be billed in 15-minute increments by a BCBA or BCaBA.
- **H2012** ABA therapy provided directly by a BCBA or BCaBA. To be billed in one hour increments by a BCBA or BCaBA.
- **H2019** ABA therapy provided by a paraprofessional. To be billed in 15-minute increments by a BCBA.
- 3) Of the treatments identified in the law, will the company require precertifications or preauthorizations for any treatments or services (check all that apply):

If pre-certification is currently required for any other medical condition or diagnosis, it will be required for a diagnosis of Autism.

Note: ABA therapy does not require pre-certification. For a list of services that require pre-certification, please access www.anthem.com.

- Click Provider
- Select State of Missouri, enter.

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- Go to the Provider Home page.
- Scroll down to the Precertification Guidelines link.
  - a. Psychiatric care; (Precert is required for in-patient and facility-based care)
  - b. Psychological care;
  - c. Habilitative or rehabilitative care, including applied behavior analysis therapy;
  - d. Therapeutic care;
  - e. Pharmacy care;

f.	Other – Specify:	

4) What telephone numbers should providers use to contact the company for precertifications or preauthorizations, if required, for the following treatments or services (please complete for all that are applicable):

## Precertification/Predetermination

Local business, Behavioral Health, FEP PPO

1-800-992-5498

**Pharmacy** 

ESI PA Phone number: 866-310-3666

ESI Fax numbers: 877-526-2307 & 877-837-5922

- a. Psychiatric care;
- b. Psychological care:
- c. Habilitative or rehabilitative care, including applied behavior analysis therapy;
- d. Therapeutic care;
- e. Pharmacy care;

f.	other – Specify:

5) What should a provider do if the patient has already been diagnosed as being in the autism spectrum and is currently undergoing treatments that are now covered under this law?

No precertification is required. Providers should check network and benefit status and bill accordingly.

6) Does the company have a specific form that must be used or required elements that must be included when submitting a treatment plan? If so, please attach a sheet

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detailing such information or provide an internet address where such information can be located.

## N/A

7) How should a claim with multiple diagnoses (including autism) and services be coded to ensure payment under this mandate?

All services being submitted for treatment of Autism should reference that diagnosis on the HCFA 1500.

8) What are the company's credentialing requirements? Is the company waiving any credentialing requirements for Autism Service Providers or ABA providers?

Anthem is not requiring credentialing for the BCBAs and BCaBAs.

9) Where can a provider go or call to get more information about contracting with the insurance company?

Anthem Blue Cross and Blue Shield (Anthem) is developing a network of autism providers for the benefit of its members. Specifically, Anthem is contracting with Board Certified Behavior Analysts (BCBAs) and Board Certified Assistant Behavior Analysts (BCaBAs) who typically administer the ABA therapy. If you are Board Certified and interested in joining our network, please contact Rebecca Nicastro at 314-923-8651, Veryl Alexander at 314-923-4114 or Christy Dugger at 314-923-6850.

10) Is there any other information the company would like to share?

As a reminder, this mandate goes into effect January 1, 2011, or upon renewal of certain group and individual policies. Please remember to call customer service to verify eligibility and benefits.